

Poll Questions

March 2018 Too Much of a Good Thing? Overuse of Health Care

Questions were answered by respondents age 50–80. Think about all the different kinds of tests, treatments, and procedures that people get in the United States.

How much do you agree or disagree with the following statements

Q1. Health care providers in general often recommend medications, tests, or procedures that *patients do not* really need.

- 1. Strongly disagree
- 2. Somewhat disagree
- 3. Somewhat agree
- 4. Strongly agree

Q2. My own health care provider often recommends medications, tests or procedures that *I do not* really need.

- 1. Strongly disagree
- 2. Somewhat disagree
- 3. Somewhat agree
- 4. Strongly agree

Q3. In the last 12 months, has a health care provider recommended a medication, test or procedure that *you felt you did not need*?

- 1. Yes
- 2. No
- 3. Don't know

Q4. What did you feel was not needed?

1. A medication such as a prescription or over the counter medication

- 2. A test such as an x-ray, blood test or similar test
- 3. A procedure such as a surgery

Q5. Did you fill the prescription anyway?

- 1. Yes
- 2. No, but I plan to
- 3. No

Q6. Did you have the test done anyway?

- 1. Yes 2. No, but I plan to
- 3. No

Q7. In the last 12 months, has a health care provider told you that you *did not* need a medication, test or procedure that *you thought you needed*?

- 1. Yes
- 2. No
- 3. Don't know

Q8. What did you feel was needed?

1. A medication such as a prescription or over the counter medication

- 2. A test such as an x-ray, blood test or similar test
- 3. A procedure such as a surgery

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Q9. Thinking about the last time that happened, did the health care provider explain why you *did not* need the medication, test or procedure?

- 1. Yes
- 2. No
- 3. Don't recall

Q10. To what extent did you understand the health care provider's explanation of why you *did not* need that medication, test or procedure.

- 1. Not at all
- 2. Somewhat
- 3. Completely

Q11. When it comes to medical treatment, more is usually better.

- 1. Strongly disagree
- 2. Somewhat disagree
- 3. Neither agree or disagree
- 4. Somewhat agree
- 5. Strongly agree

Participants were also asked demographic questions on age, gender, health status and insurance status.

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National Poll on Healthy Aging Team

Preeti Malani, MD, MSJ, MS Director

Jeffrey Kullgren, MD, MS, MPH Faculty Collaborator

Sarah Clark, MPH Associate Director Erica Solway, PhD, MPH, MSW Associate Director

Dianne Singer, MPH Production Manager

Matthias Kirch, MS Data Analyst

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Michael J. Behm, Grand Blanc Mark J. Bernstein, Ann Arbor Shauna Ryder Diggs, Grosse Pointe Denise Ilitch, Bingham Farms Andrea Fischer Newman, Ann Arbor Andrew C. Richner, Grosse Pointe Park Ron Weiser, Ann Arbor Katherine E. White, Ann Arbor Mark S. Schlissel (*ex officio*)

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