

Poll Questions

May 2018

Let's Talk About Sex

Questions were answered by respondents age 65–80.



Q1. Which best describes your current marital status?

1. Married
2. Partnered
3. Widowed
4. Divorced
5. Separated
6. Never married

If widowed, divorced, separated or never married

Q2. Are you currently in a relationship?

1. Yes
2. No

If married, partnered or in a relationship

Q3. How long have you been in this relationship?

1. Less than 6 months
2. 6 months – less than 1 year
3. 1-2 years
4. 3-4 years
5. 5-10 years
6. More than 10 years

Sponsored by



Directed by





Poll Questions

Q4. Sex is an important part of a romantic relationship at any age.

- 1. Strongly agree
- 2. Agree
- 3. Disagree
- 4. Strongly disagree

Q5. Sex is important to my overall quality of life.

- 1. Strongly agree
- 2. Agree
- 3. Disagree
- 4. Strongly disagree

Q6. In the past two years, have you been on a date with someone new?

- 1. Yes
- 2. No

Q7. Are you currently sexually active?

- 1. Yes
- 2. No

Q8. How would you describe your interest in sex?

- 1. Extremely interested
- 2. Very interested
- 3. Somewhat interested
- 4. Not very interested
- 5. Not at all interested

Q9. How satisfied are you with your sex life?

- 1. Extremely satisfied
- 2. Very satisfied
- 3. Somewhat satisfied
- 4. Not very satisfied
- 5. Not at all satisfied

Q10. If you were to have a question or problem with your sexual health, who would you talk to about it?

- 1. My spouse/partner
- 2. A friend
- 3. A family member
- 4. My health care provider
- 5. Other person
- 6. No one

Q11. In the past two years, have you spoken with your health care provider about your sexual health?

- 1. Yes
- 2. No

Q12. Who initiated the conversation?

- 1. I did
- 2. My health care provider did

Q13. How comfortable were you talking to your health care provider about your sexual health?

- 1. Very comfortable
- 2. Somewhat comfortable
- 3. Not very comfortable
- 4. Not at all comfortable

Q14. In the past two years, have you taken any medications or supplements to improve sexual function?

- 1. Yes
- 2. No

Q15. Did the medication or supplements help?

- 1. Yes
- 2. No

Findings from the National Poll on Healthy Aging do not represent the opinions of the University of Michigan. The University of Michigan reserves all rights over this material.

National Poll on Healthy Aging Team

Preeti Malani, MD, MSJ, MS
Director

Sarah Clark, MPH
Associate Director

Erica Solway, PhD, MPH, MSW
Associate Director

Dianne Singer, MPH
Production Manager

Matthias Kirch, MS
Data Analyst

The Regents of the University of Michigan

Michael J. Behm, Grand Blanc
Mark J. Bernstein, Ann Arbor
Shauna Ryder Diggs, Grosse Pointe
Denise Ilitch, Bingham Farms
Andrea Fischer Newman, Ann Arbor
Andrew C. Richner, Grosse Pointe Park
Ron Weiser, Ann Arbor
Katherine E. White, Ann Arbor
Mark S. Schlissel (*ex officio*)

The University of Michigan is a Non-discriminatory, Affirmative Action Employer.

© 2018, The Regents of the University of Michigan

Sponsored by



Directed by

