

July/August 2018 Older Adults' Experiences with Opioid Prescriptions

Questions were answered by respondents age 50-80.



The following questions are about opioid pain medications, such as Vicodin, OxyContin, and Percocet. These are medications that require a prescription (they do not include medications like Tylenol, Aleve or Motrin).

Q1. Have you filled a prescription for pain medication for yourself?

- 1. Yes, within the last year
- 2. Yes, 1-2 years ago
- 3. Yes, 3 or more years ago
- 4. No

If Q1= 1 or 2

Q2. What was the cause of the pain? Select all that apply

- 1. Injury/accident
- 2. Arthritis/back pain
- 3. Dental problems
- 4. Surgery
- 5. Chronic pain (such as fibromyalgia/nerve pain)
- 6. Nerve related pain
- 7. Headaches
- 8. Cancer-related
- 9. Illness-related (other than cancer)
- 10. Other

Sponsored by





Directed by





If Q1= 1 or 2

Q3. Did the health care provider prescribing the pain medication talk with you about:

| | Yes | Νο | Don't know |
|--|-----|----|------------|
| How often to take the pain medication | | | |
| Side effects | | | |
| When to reduce the amount of pain medication | | | |
| Risk of addiction | | | |
| Risk of overdose | | | |
| What to do with leftover pills | | | |

If Q1= 1 or 2

Q4. Did the pharmacist talk with you about:

| | Yes | Νο | Don't know |
|--|-----|----|------------|
| How often to take the pain medication | | | |
| Side effects | | | |
| When to reduce the amount of pain medication | | | |
| Risk of addiction | | | |
| Risk of overdose | | | |
| What to do with leftover pills | | | |







Directed by





If Q1= 1 or 2

Q5. Which of the following are true with your most recent pain medication prescription?

| | True | False |
|--|------|-------|
| I took pain medication other than how it was prescribed (more frequently and/or higher dose) | | |
| I tried to take pain medication less often, or in a lower amount than prescribed | | |
| A family member helped make sure I didn't take too much pain medication | | |
| I switched to a non-opioid pain medication as soon as possible | | |

If Q1= 1 or 2

Q6. Did you have any leftover prescription pain medication?

- 1. Yes
- 2. No

lf Q6= 1

Q7. What did you do with the leftover your pain medication?

| | Yes | Νο |
|--|-----|----|
| Saved for when I have pain again | | |
| Threw in the trash | | |
| Flushed down the toilet | | |
| Returned to the pharmacy/health care provider's office | | |
| Returned to law enforcement/community "takeback" event | | |
| Kept at home - didn't do anything | | |
| Other | | |
| Don't remember | | |







Directed by





Q1= 3 or 4 OR if Q6= 2

Q8. What would you do with leftover prescription pain medication?

| | Yes | Νο |
|--|-----|----|
| Save it for when I have pain again | | |
| Throw in the trash | | |
| Flush it down the toilet | | |
| Return to the pharmacy/health care provider's office | | |
| Return to law enforcement/community "takeback" event | | |
| Keep it at home - wouldn't do anything | | |
| Other | | |

All respondents

There is a new product to help with safe disposal of leftover pain medication. It is a powder that is poured into the bottle of leftover pills and mixed with water; after shaking for 30 seconds, the medication bottle can be safely put into the trash.

Q9. If you were given this product when you picked up your pain medication from the pharmacy, would you use it for leftover medication?

- 1. Definitely would use it
- 2. Maybe would use it
- 3. Would probably not use it

If Q9= 2 or 3

Q10. Why might you NOT use it?

1. Might lose the product before I'm ready to dispose of leftover medication

 Would rather save the medication for future use
Would rather use another method for disposing leftover medication

4. Other

If Q9= 1, 2 or 3

Q11. If you had to pay \$5-10 for this product, how likely would you be to purchase it?

- 1. Very likely
- 2. Somewhat likely
- 3. Not likely



Sponsored by









All respondents

Q12. Please indicate whether or not you would support the following:

| | Strongly support | Support | Do not support |
|---|---------------------|---------|-------------------|
| Limit total number of days and pain pills that health care providers can prescribe. | | | |
| Require health care providers to review patient's prescription records before prescribing pain pills. | | | |
| Require patients to tell health care providers about pain medication use before prescribing pain pills. | | | |
| Require patients to return unused pain pills to their health care provider or a pharmacy. | | | |
| Require special training in order to prescribe or dispense pain pills. | | | |

Findings from the National Poll on Healthy Aging do not represent the opinions of the University of Michigan. The University of Michigan reserves all rights over this material.

National Poll on Healthy Aging Team

Preeti Malani, MD, MSJ, MS Director

Jennifer Waljee, MD, MPH, MS Faculty Collaborator

Calista Harbaugh, MD Research Collaborator Sarah Clark, MPH Associate Director

Erica Solway, PhD, MPH, MSW Associate Director

Associate Director

Dianne Singer, MPH Production Manager

Matthias Kirch, MS Data Analyst

The Regents of the University of Michigan

Michael J. Behm, Grand Blanc Mark J. Bernstein, Ann Arbor Shauna Ryder Diggs, Grosse Pointe Denise Ilitch, Bingham Farms Andrea Fischer Newman, Ann Arbor Andrew C. Richner, Grosse Pointe Park Ron Weiser, Ann Arbor Katherine E. White, Ann Arbor Mark S. Schlissel (*ex officio*)

The University of Michigan is a Nondiscriminatory, Affirmative Action Employer.

© 2018, The Regents of the University of Michigan









Directed by

