Poll Questions

How Pets Contribute to Healthy Aging
Questions were answered by respondents age 50–80.

Q1. Do you have any pets?
   1. Yes
   2. No

If Q1 = No

Q2. What are your main reasons for not having any pets?
   1. Allergies (your own or household member)
   2. Cost
   3. Don’t want to be tied down
   4. Just choose not to have a pet
   5. No interest (your own or household member)
   6. Not healthy enough to take care of a pet
   7. Not enough time to care for pet
   8. Pets not allowed where I live
   9. Pet recently died
  10. Too messy
  11. Other

If Q1 = Yes

Q3. What was your main reason for getting a pet?
   1. Companionship
   2. Security/protection
   3. To get exercise
   4. Pet needed a home
   5. To reduce stress
   6. Other

If Q1 = Yes

Q4. What kind of pet(s) do you currently have?
   1. Cat
   2. Dog
   3. Fish/Bird/Reptile
   4. Small mammal (rabbit, guinea pig, hamster etc.)
   5. Other
Poll Questions

If Q4 = Cat

Q5. How many cats do you have?

Q6. How many dogs do you have?

If Q4 = dogs

If Q1 = Yes

Q7. Who cares for your pet(s)?
   1. Only you
   2. You and others
   3. Only others

Q8. Does having pet(s) help you...

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
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</thead>
<tbody>
<tr>
<td>Be physically active</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cope with physical or emotional symptoms</td>
<td></td>
<td></td>
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<tr>
<td>Enjoy life</td>
<td></td>
<td></td>
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<tr>
<td>Feel protected</td>
<td></td>
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<tr>
<td>Feel loved</td>
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<td>Reduce stress</td>
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<tr>
<td>Stick to a routine</td>
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<tr>
<td>Take mind off of pain</td>
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<tr>
<td>Other</td>
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</tbody>
</table>

If Q4 = cats or dogs

Q9. Does your pet(s) sleep in your bed?

1. Always
2. Sometimes
3. Rarely
4. Never
### Poll Questions

**If Q1 = Yes**

#### Q10. How much do you agree with the following statements?

<table>
<thead>
<tr>
<th>Having pet(s)...</th>
<th>Strongly agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>connects me with others</td>
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<td>gives me a sense of purpose</td>
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<td>makes it difficult to travel or enjoy activities away from home</td>
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<tr>
<td>strains my budget</td>
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</tbody>
</table>

**If Q1 = Yes**

#### Q11. Has your pet(s) caused you to fall or injure yourself?

1. Yes
2. No

**If Q1 = Yes**

#### Q12. My pet's needs take priority over my own health needs.

1. Strongly agree
2. Agree
3. Disagree
4. Strongly disagree