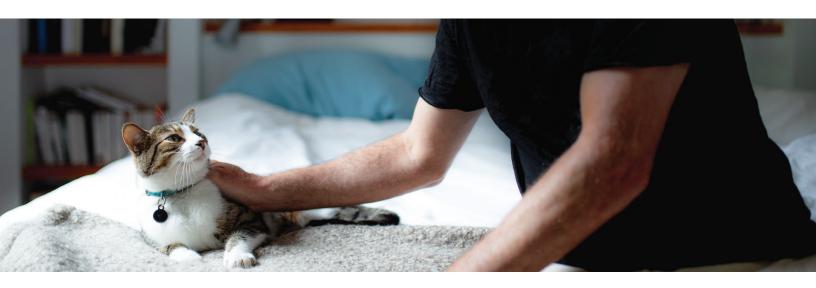# Poll Questions

April 2019

How Pets Contribute to Healthy Aging
Questions were answered by respondents age 50–80.

Q1. Do you have any pets?

1. Yes
2. No

If Q1 = No

Q2. What are your *main* reasons for not having any pets?

1. Allergies (your own or household member)
2. Cost
3. Don't want to be tied down
4. Just choose not to have a pet
5. No interest (your own or household member)
6. Not healthy enough to take care of a pet
7. Not enough time to care for pet
8. Pets not allowed where I live
9. Pet recently died
10. Too messy
11. Other

If Q1 = Yes

Q3. What was your *main* reason for getting a pet?

1. Companionship
2. Security/protection
3. To get exercise
4. Pet needed a home
5. To reduce stress
6. Other

If Q1 = Yes

Q4. What kind of pet(s) do you currently have?

1. Cat
2. Dog
3. Fish/Bird/Reptile
4. Small mammal (rabbit, guinea pig, hamster etc.)
5. Other

Poll Questions

If Q4 = Cat

Q5. How many cats do you have?

If Q4 = dogs

Q6. How many dogs do you have?

If Q1 = Yes

Q7. Who cares for your pet(s)?
1. Only you
2. You and others
3. Only others

Q8. Does having pet(s) help you...

	Yes	No
Be physically active		
Cope with physical or emotional symptoms		
Enjoy life		
Feel protected		
Feel loved		
Reduce stress		
Stick to a routine		
Take mind off of pain		
Other		

If Q4 = cats or dogs

Q9. Does your pet(s) sleep in your bed?
1. Always
2. Sometimes
3. Rarely
4. Never

Poll Questions

If Q1 = Yes

Q10. How much do you agree with the following statements?

Having pet(s)...	Strongly agree	Agree	Disagree	Strongly disagree
connects me with others				
gives me a sense of purpose				
makes it difficult to travel or enjoy activities away from home				
strains my budget				

If Q1 = Yes

Q11. Has your pet(s) caused you to fall or injure yourself?

1. Yes
2. No

If Q1 = Yes

Q12. My pet's needs take priority over my own health needs.

1. Strongly agree
2. Agree
3. Disagree
4. Strongly disagree

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