Poll Questions

May/June 2019

Thinking About Brain Health

Questions were answered by respondents age 50-64.



Q1. How would you rate your memory compared to when you were younger?

- 1. As good as when I was younger
- 2. Slightly worse than when I was younger
- 3. Much worse than when I was younger

Q2. Dementia is a gradual, permanent decline in thinking, including memory and reasoning.

How likely are you to develop dementia during your lifetime?

- 1. Very likely
- 2. Somewhat likely
- 3. Not likely

Q3. Do you think you are more or less likely than other people your age to develop dementia?

- 1. More likely
- 2. Just as likely
- 3. Less likely

Q4. How worried are you that you will develop dementia?

- 1. Very worried
- 2. Somewhat worried
- 3. Not worried

Q5. Have you ever discussed ways to prevent dementia with your doctor?

- 1. Yes
- 2. No

Q6. Do you take or do any of the following to maintain or improve your memory?

	Yes	No
Fish oil/omega-3		
Gingko		
Other vitamins or dietary supplements		
Crossword puzzles or other brain games		
Other		

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Q7. Do/did any of your family members have dementia?

- 1. Yes, living family members
- 2. Yes, deceased family members
- 4. Don't Know

Q8. Have you ever been a caregiver for a person with dementia?

- 1. Yes
- 2. No

Q9. Think about the types of research described below. For each type of research, all costs of health care directly related to the research would be covered. You would pay nothing for the research or for related medical care.

How likely would you be to take part in the following types of health research related to dementia?

	Very likely	Somewhat likely	Not likely
Testing a new medicine to prevent dementia			
Testing a new treatment for dementia			
Giving a DNA sample to let researchers study genetic patterns of dementia			

If Q9= not likely for ANY, use language from Q9 response.

Q10. Why are you not likely to take part in [testing a new medicine; testing a new treatment; giving a DNA sample] for dementia research?

- 1. Fear of finding out information about myself
- 2. I don't think dementia will affect me

- 3. I don't want to be a "guinea pig" for researchers
- 4. Participation would take too much time
- 5. There is too high a chance for harm
- 6. Do not want my DNA stored in a biobank [If Q9c= not likely]
- 7. Other

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