

# Poll Questions

May 2020

## How Food Insecurity Affects Older Adults

Questions were answered by respondents age 50–80.



### Q1. Here are some statements that people have made about their food situation.

For these situations, please indicate whether it was often true, sometimes true or never true for you or your household in the last 12 months.

|  | Often true | Sometimes true | Never true |
|--|------------|----------------|------------|
| “The food that I bought just didn’t last and I didn’t have money to get more.” |            |                |            |
| “I couldn’t afford to eat balanced meals.”                                     |            |                |            |

### Q2. In the last 12 months, did you ever cut the size of your meals or skip meals because there wasn’t enough money for food?

1. Yes
2. No

Base: if Q2 = 1

### Q3. How often did this happen?

1. Almost every month
2. Some months but not every month
3. Only 1 or 2 months

**Q4. In the last 12 months:**

|  | Yes | No |
|--|-----|----|
| did you ever eat less than you felt you should because there wasn't enough money for food? |     |    |
| were you ever hungry but didn't eat because there wasn't enough money for food?            |     |    |

**Q5. In the last 12 months:**

|   | Yes | No |
|---|-----|----|
| did you or anyone in your household receive SNAP benefits (food stamps)?                |     |    |
| did you go to a community program or senior center to eat prepared meals?               |     |    |
| did you receive any meals delivered to your home from programs such as Meals on Wheels? |     |    |
| did you or anyone in your household get donated food from a place such as a food bank?  |     |    |

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