

# At Home and in the Neighborhood During the COVID-19 Pandemic

January/February 2021

[www.healthyagingpoll.org](http://www.healthyagingpoll.org)



*Questions were answered by respondents age 50–80.*

**Q1. Which of the following do you have access to where you live? Select all that apply**

1. A view of nature from inside your home
2. A place to safely isolate if you had COVID-19
3. An outdoor space (balcony, patio, porch or yard) to safely engage with your neighbors/ community
4. A greenspace (garden, a park, or woods) within walking distance

**Q2. Since March 2020, how often have you done the following?**

	Every day or almost every day	A few times a week	A few times a month or less	Never
Spent time outdoors/interacted with nature				
Interacted with people in your neighborhood				
Walked or biked around your neighborhood				

**Q3. Since March 2020, how often have you felt a lack of companionship?**

1. Hardly ever
2. Some of the time
3. Often

**Q4. Since March 2020, how often have you felt isolated from others?**

1. Hardly ever
2. Some of the time
3. Often

**Data Source and Methods**

This National Poll on Healthy Aging report presents findings from a nationally representative household survey conducted exclusively by Ipsos Public Affairs, LLC (“Ipsos”) for the University of Michigan’s Institute for Healthcare Policy and Innovation. National Poll on Healthy Aging surveys are conducted by recruiting from Ipsos KnowledgePanel®, the largest national, probability-based panel in the U.S.

This survey module was administered online in June 2020 to a randomly selected, stratified group of older adults age 50–80 (n=2,074). The sample was subsequently weighted to reflect population figures from the U.S. Census Bureau.

The completion rate was 78% among panel members contacted to participate. The margin of error is ±1 to 2 percentage points for questions asked of the full sample and higher among subgroups.

Findings from the National Poll on Healthy Aging do not represent the opinions of the University of Michigan. The University of Michigan reserves all rights over this material.

**National Poll on Healthy Aging Team**

**Preeti Malani, MD, MSJ, MS**, Director  
**Jeffrey Kullgren, MD, MS, MPH**, Associate Director  
**Erica Solway, PhD, MPH, MSW**, Associate Director  
**Upali Nanda, PhD**, Faculty Collaborator  
**Andrew Ibrahim, MD, MSc**, Faculty Collaborator  
**Dianne Singer, MPH**, Production Manager  
**Matthias Kirch, MS**, Data Analyst

**The Regents of the University of Michigan**

Jordan B. Acker, Huntington Woods  
Michael J. Behm, Grand Blanc  
Mark J. Bernstein, Ann Arbor  
Paul W. Brown, Ann Arbor  
Sarah Hubbard, Okemos  
Denise Ilitch, Bingham Farms  
Ron Weiser, Ann Arbor  
Katherine E. White, Ann Arbor  
Mark S. Schlissel (ex officio)

The University of Michigan is a Non-discriminatory, Affirmative Action Employer.

© 2021, The Regents of the University of Michigan