

## POLL QUESTIONS

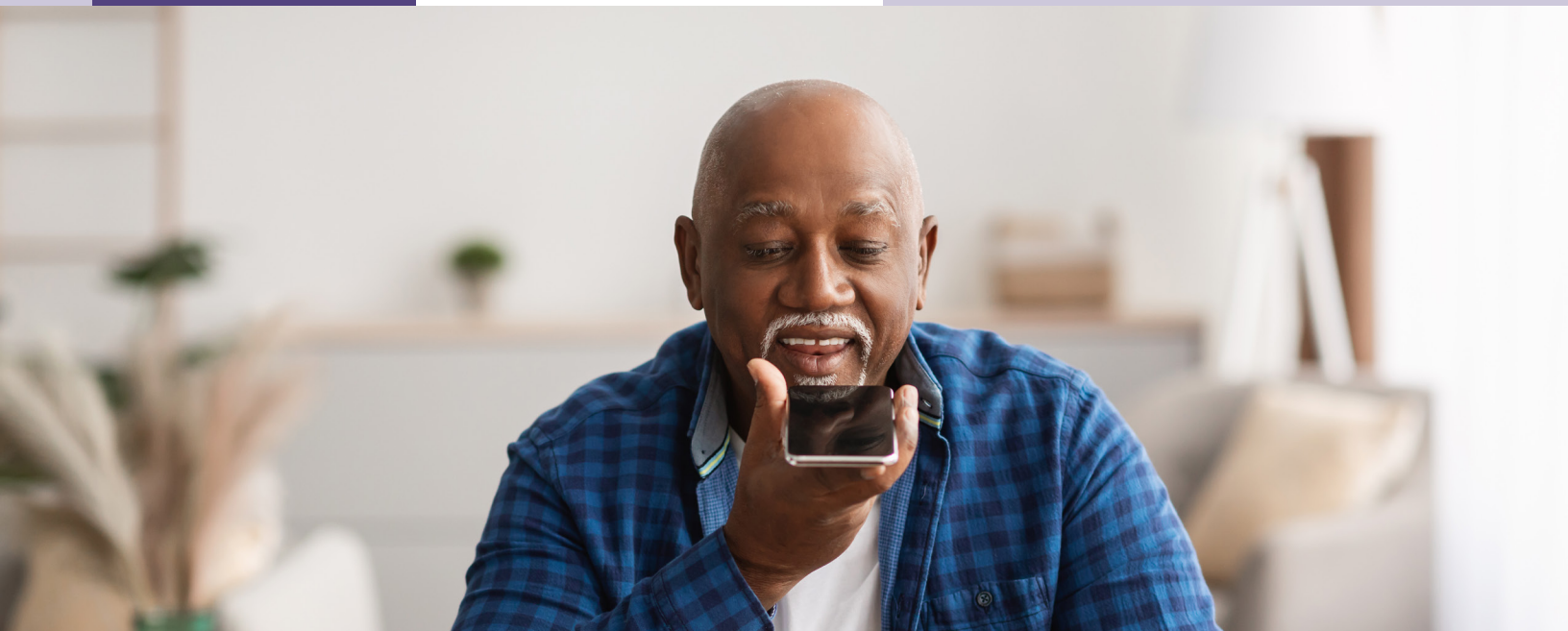
# How Older Adults Use and Think About AI

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[www.healthyagingpoll.org](http://www.healthyagingpoll.org)



INSTITUTE FOR HEALTHCARE  
POLICY AND INNOVATION  
**NATIONAL POLL  
ON HEALTHY AGING**  
UNIVERSITY OF MICHIGAN



Artificial intelligence (AI) is when computers, devices, or machines do things that humans have typically done like learning new things, solving problems, and making decisions.

### Q1. In the past year, have you used any of the following smart devices or systems that use AI?

	Yes	No
Voice assistants (like Amazon Alexa, Siri, Google Nest)		
Home security systems like smart locks, cameras, and alarm systems		

### Q2. How beneficial are these smart devices in helping you live independently and safely in your home?

	Very beneficial	Somewhat beneficial	Not beneficial	Unsure
Voice assistants (like Amazon Alexa, Siri, Google Nest)				
Home security systems like smart locks, cameras, and alarm systems				

**Q3. Which of the following have you done using AI technologies that you speak to (like Siri, Amazon Alexa, or Google Assistant)? Select all that apply.**

1. Planned an activity (such as a trip)
2. Received health information
3. Received non-health information
4. Used for social connection
5. Used for entertainment
6. None of these

**Q4. Which of the following have you done using AI technologies that you type to (like ChatGPT, Gemini, Copilot)? Select all that apply.**

1. Planned an activity (such as a trip)
2. Received health information
3. Received non-health information
4. Created text or images
5. Used for social connection
6. Used for entertainment
7. None of these

If Q3 2 = yes or Q4 2 = yes or Q3 3 = yes or Q4 3 = yes

**Q5. How do you think using AI to do the following things compares to interacting with a person face-to-face or on the phone?**

	AI is better	AI and people are about the same	People are better	Unsure
Get health information				
Get non-health information				

**Q6. How much trust do you have in information generated by AI?**

1. A lot
2. Some
3. Very little
4. Not at all

**Q7. How confident are you in your ability to identify when information created by AI is incorrect?**

1. Very confident
2. Somewhat confident
3. Not very confident
4. Not at all confident

## Q8. How much do you agree or disagree with the following statements?

	Strongly agree	Agree	Disagree	Strongly disagree
I would like to learn more about the benefits of AI.				
I would like to learn more about the risks of AI.				
I am interested in using AI in my day-to-day life.				
I think AI will do more harm than good.				
I want to know if the information I receive is from a person or generated by AI.				

## Data Source and Methods

This National Poll on Healthy Aging report presents findings from a national household survey conducted exclusively by NORC at the University of Chicago for the University of Michigan's Institute for Healthcare Policy and Innovation. This survey module was administered online and by phone from February 4th–28th, 2025, to a randomly selected, stratified group of U.S. adults age 50–97 (n=2,883), with an oversample of non-Hispanic Black, Hispanic, and Asian American and Pacific Islander populations. The survey completion rate was 32% among panel members invited to participate. The margin of error is +/- 1 to 3 percentage points for questions asked of the full sample and higher among subgroups.

The sample for the Michigan Poll on Healthy Aging included Michigan respondents ages 50–95 (n=351) from the AmeriSpeak probability-based panel, and 1,002 from non-probability panels. The survey completion rate was 34% among probability-based panel members in Michigan that were invited to participate. The margin of error is +/- 1 to 4 percentage points for questions asked of the full Michigan sample and higher among subgroups.

Read [past National Poll on Healthy Aging reports](#) and [about the poll methodology](#).

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